

# THE HEARTBEAT

SEPTEMBER 2022

# Happy Father's Day!

## What Makes a Dad

God took the strength of a mountain,  
The majesty of a tree,  
The warmth of a summer sun,  
The calm of a quiet sea,  
The generous soul of nature,  
The comforting arm of night,  
The wisdom of the ages,  
The power of the eagle's flight,  
The joy of a morning in spring,  
The faith of a mustard seed,  
The patience of eternity,  
The depth of a family need,  
Then God combined these qualities,  
When there was nothing more to add,  
He knew His masterpiece was complete,  
And so,  
He called it...Dad

## From the Coordinator's Desk

Hello Everyone!

Nice to see the sun shining once again! Spring is here and so is hopefully, the warmer weather.

I'm now on the mend after my COVID infection, but still fatigued some days together with a big of a "foggy" brain. It will take some time...

The work on unit 136 is almost complete. We are just waiting on appliances to arrive and some final touches.

The new fire alarm systems have now been installed. I have updated the Fire Alarm Instructions and Szilvi will laminate them and visit each unit to go through the procedure with residents. This is a much simpler system than the old one.

For those residents in Wattle Lodge. The chairlifts are not being used on a regular basis and this is why the batteries are failing. They really need to be used on a daily basis, so can I ask if the residents could organise a roster system, to use the chair daily? You also need to ensure that the chair "clicks" into place when parking it, otherwise the batteries cannot charge.

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Unfortunately we had to cancel last month's bus outing due to the high cases of COVID-19 in the Sydney region.

Our next bus outing is on Friday 9 September. Morning tea at Bald Hill, Stanwell Tops and then a drive through the scenic Royal National Park. Lunch is at Audley Dance Hall & Café, (meals range from \$13 to \$29). The food here is recommended as my husband and I dined here for lunch when we stayed in the area for a few days break. I will give a word of warning though, hold onto your lunch! The birds, mainly Kookaburra's will take it from you - they took a piece of my fish!

We still have spare seats for this outing, so please let me know if you would like to go.

## From the Coordinator's Desk

Our next residents meeting is on Monday 12 September at 1.30pm at Connections.

A reminder that the UPA Sydney Region AGM is being held on Tuesday 13 September at 2pm at our Melrose site at Pendle Hill. This is the first time in a few years where we have been able to hold the AGM face to face, so it will be great to catch up with UPA members and a fabulous afternoon tea is assured.

I would like to take this opportunity to wish all Father's a very Happy Father's Day for Sunday.

Kind Regards,  
Barbara



## Father's Day History

The celebration of Dad's special day can most likely be credited to Mrs. John B. Dodd, of Washington State, who first suggested the idea of the holiday in 1909.

Mrs Dodd's father, civil war veteran William Smart, was widowed when his wife died in childbirth with their sixth child. Despite the obvious hardships, Mr. Smart proceeded to raise the newborn along with his five other children, by himself.

It wasn't until Sonora Dodd became an adult that she realised the strength and selflessness her father had shown in raising his children as a single parent. The original date chosen for the holiday was SEPTEMBER 5, her father's birthday, however the celebration was postponed until SEPTEMBER 19, the third Sunday in SEPTEMBER, because there was not enough time to prepare.

The excerpt below is from the Silver Anniversary Book on Father's day published in 1935.

*"This year, 1935, the Silver Anniversary of Fathers' Day is being observed. Thirty-seven years ago, in the Big Bend hills of Washington, the day had its nativity in a lonely farm dwelling. There Sorrow ministered amid the moaning of the March winds.*

*A father sat with bowed head in his aloneness. About him clung his weeping children. The winds outside threw great scarfs of powdered snow against the window panes, when suddenly the last born tore himself from the group and rushed out into the storm calling for his mother. Yet even his baby voice could not penetrate the great silence that held this mother.*

*Hurriedly, the father gathered him back to his protection and for more than two decades, William Jackson Smart, alone, kept paternal vigilance over his motherless children.*

*This poignant experience in the life of Mrs. John Bruce Dodd of Spokane, Washington, who was then Sonora Louise Smart, was the inspiration for Fathers' Day which materialized through the devotion of this father and the father of her own son, John Bruce Jr., born in 1909. Through the observance of the love and the sacrifice of fathers about her everywhere, her idea of Fathers' Day crystallized in 1910, through a formal Fathers' Day petition asking recognition of fatherhood."*

In early times, wearing flowers was a traditional way of celebrating Father's Day. The red rose to honour a father still living, while a white flower honoured a deceased dad.

There is no universal date for celebrating Father's Day. Australians celebrate Father's Day on the first Sunday in September and the USA and Canada celebrate on the third Sunday in SEPTEMBER. Many other countries across the world celebrate at other times of the year.

Although the celebrations may not all fall on the same day, the reason for observing the day stays the same – honouring your father.



## ***1966 Australian Father of the Year recipient: Sir Arthur Roden Cutler***

**Sir Arthur Roden Cutler** VC, AK, KCMG, KCVO, CBE (24 May 1916 – 22 February 2002) was an Australian diplomat, the longest serving Governor of New South Wales and a recipient of the Victoria Cross, the highest award for gallantry "in the face of the enemy" that can be awarded to British and Commonwealth armed forces.

### **Early life**

Arthur Roden Cutler was born on 24 May 1916. His cousin, Sir Charles Cutler, was Deputy Premier of New South Wales from 1965 to 1975. Arthur grew up in the Sydney Harbour suburb of Manly where he attended the Manly Village Public School. At the age of 15 he enrolled at Sydney Boys High School. After school, he worked for the Texas Company Australasia, which later became Texaco. He studied economics during the night at the University of Sydney and joined the Sydney University Regiment in 1936.



On 10 November 1939, he was commissioned as a lieutenant in the militia. He enjoyed all sports, especially riding, rifle shooting and water polo, and was awarded a University Blue in swimming. As an 18 year-old lifesaver, he swam to the aid of a surfer who was being circled by a large shark. The shark brushed him twice as he helped the surfer to the beach.

In May 1940, he transferred from the citizen's militia to the Second Australian Imperial Force, receiving a commission in the 2/5th Field Regiment, Royal Australian Artillery, Australian 7th Division.

### **Military service**

**Roden Cutler VC**

In 1941, Cutler served with the 2/5th in the Syria-Lebanon Campaign. During the period between 19 SEPTEMBER and 6 July, in the Merdjayoun-Damour area of Syria, and as part of the Battle of Merdjayoun, Lieutenant Cutler's exploits included repairing a telephone line under heavy fire, repulsing enemy tank attacks, setting up an outpost to bring fire to a road used by the enemy and, with a 25-pound field gun, demolishing a post threatening the Australian advance. Later, during the Battle of Damour, he was seriously wounded and when rescued 26 hours later his leg had to be amputated. Cutler received the Victoria Cross for his actions in the Merdjayoun-Damour area, and was medically discharged in 1942.



## Sir Arthur Roden Cutler

### VC citation

*War Office, 28 November 1941.*

*The KING has been graciously pleased to approve the award of the VICTORIA CROSS to the under-mentioned:— Lieutenant Arthur Roden Cutler (NX.12378), Australian Military Forces. For most conspicuous and sustained gallantry during the Syrian Campaign and for outstanding bravery during the bitter fighting at Merdjayoun when this artillery officer became a byword amongst the forward troops with whom he worked.*

*At Merdjayoun on the 19 SEPTEMBER 1941 our infantry attack was checked after suffering heavy casualties from an enemy counter attack with tanks. Enemy machine gun fire swept the ground but Lieutenant Cutler with another artillery officer and a small party pushed on ahead of the infantry and established an outpost in a house. The telephone line was cut and he went out and mended this line under machine gun fire and returned to the house, from which enemy posts and a battery were successfully engaged.*

*The enemy then attacked this outpost with infantry and tanks, killing the Bren gunner and mortally wounding the other officer. Lieutenant Cutler and another manned the anti-tank rifle and Bren gun and fought back driving the enemy infantry away. The tanks continued the attack, but under constant fire from the anti-tank rifle and Bren gun eventually withdrew. Lieutenant Cutler then personally supervised the evacuation of the wounded members of his party. Undaunted he pressed for a further advance. He had been ordered to establish an outpost from which he could register the only road by which the enemy transport could enter the town. With a small party of volunteers he pressed on until finally with one other he succeeded in establishing an outpost right in the town, which was occupied by the Foreign Legion, despite enemy machine gun fire which prevented our infantry from advancing.*

*At this time Lieutenant Cutler knew the enemy were massing on his left for a counter attack and that he was in danger of being cut off. Nevertheless he carried out his task of registering the battery on the road and engaging enemy posts. The enemy counter attacked with infantry and tanks and he was cut off. He was forced to go to ground, but after dark succeeded in making his way through the enemy lines. His work in registering the only road by which enemy transport could enter the town was of vital importance and a big factor in the enemy's subsequent retreat.*

*On the night of the 23rd-24 SEPTEMBER he was in charge of a 25-pounder sent forward into our forward defended localities to silence an enemy anti-tank gun and post which had held up our attack. This he did and next morning the recapture of Merdjayoun was completed. Later at Damour on 6 July when our forward infantry were pinned to the ground by heavy hostile machine gun fire Lieutenant Cutler, regardless of all danger, went to bring a line to his outpost when he was seriously wounded. Twenty-six hours elapsed before it was possible to rescue this officer, whose wound by this time had become septic necessitating the amputation of his leg.*

*Throughout the Campaign this officer's courage was unparalleled and his work was a big factor in the recapture of Merdjayoun.*

### Diplomatic and vice-regal career

Following the war, Cutler began a long career in the Australian diplomatic service. At the age of 29 he was appointed High Commissioner to New Zealand (1946–1952). Other postings within the Commonwealth followed; he served in Ceylon (now Sri Lanka) (1952–1955) and was the Australian Minister in Egypt during the Suez Crisis in 1956. As a result of his service in Egypt, Cutler was appointed Commander of the Order of the British Empire (CBE) in the 1957 New Year's Honours.

## ***Sir Arthur Roden Cutler***

Cutler acted as Secretary-General of the South-East Asia Council of Ministers meeting in Canberra in January 1957 and became Chief of Protocol of the Department of External Affairs (1957–58). Cutler was also State President of the RSL in 1958. He was Australian High Commissioner in Pakistan, (1958–1961), and Australian Consul-General in New York, (1961–1965), during which period he was the Australian delegate to the United Nations General Assembly in 1962, 1963 and 1964 and was the Australian Representative to independence of the Republic of Somalia in 1960.

For his diplomatic services to Australia, he was honoured by The Queen as a Knight Commander of the Order of St Michael and St George (KCMG) in December 1965. He was further honoured as a Knight Commander of the Royal Victorian Order (KCVO) in 1970. He was appointed a Knight of the Order of Australia (AK) in 1981.

His final diplomatic posting, in 1965, as Ambassador to The Netherlands, was cut short in 1966 when he returned home as Governor of New South Wales, an office that he served for a record 15 years, through four Premiers, and a change of government after eleven years of conservative rule. Such was his popularity that the Labor Premier, Neville Wran, extended his last term until 1981.

As the longest-serving state governor, Cutler occasionally acted as Administrator of the Commonwealth of Australia in the absence of the Governor-General. He acted as Administrator during Sir John Kerr's term from 20 February–13 March 1975, 12–24 May 1975, 16–17 September 1975, 23 December 1975– 3 February 1976, 26 April– 14 SEPTEMBER 1977 and finally 23–28 August 1977. Cutler was also scheduled to act during November 1975, when Kerr had planned an overseas holiday. However, in view of the developing situation in Canberra, Kerr cancelled his travel bookings. In 1975, Cutler's advice to Kerr that he should warn Prime Minister Gough Whitlam of his impending dismissal was ignored. Cutler later said that, had he been Administrator at the time, he would certainly have accepted his prime minister's advice and he would have allowed the parliament to resolve the issue without recourse to any such drastic action as dismissal.

### **Later life**

Following the end of his term as Governor, Cutler was given various Chairmanships and business appointments including as Chairman of Ansett Express (1981–92) and the State Bank of New South Wales (1981–86). Throughout the republican debate and referendum he remained a staunch monarchist and proud Australian, believing the monarchy brought stability, continuity and tradition to his country. He co-operated with the popular Australian novelist Colleen McCullough on a biography, *Roden Cutler, VC*, which appeared in 1998.

Cutler died on 22 February 2002 following a long illness. He was accorded the rare honour of a State Funeral on 28 February 2002 by the New South Wales Government.

### **Sir Roden Cutler Charity**

The Sir Roden Cutler Charity is a charity that helps the elderly and physically handicapped to be mobile, and also helps with transport to and from their medical appointments. Many people have contributed to this cause, notably Sir Roden Cutler's former High School Sydney Boys High and his Primary school, Manly Village, who have also dedicated memorials to Sir Roden Cutler on the 90th anniversary of his birth.

## Slim Dusty



Slim is the most prolific and biggest selling recording artist in Australia with more than 5 million of his recordings sold on the domestic market.

One of the most-awarded Australians ever, Slim has been with the one record company for more than half a century and in 2000 released his official 100th album.

The Slim Dusty Story starts back in the 1940s on a remote dairy farm in the hills behind Kempsey, NSW, when a 10-year-old boy dreamed of being a country music singer. His name was David Gordon

Kirkpatrick... he called himself "Slim Dusty" and began to live that dream.

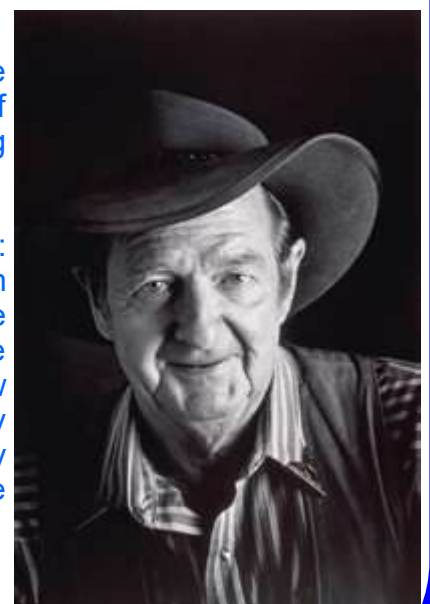
But even the most optimistic farm boy would never have imagined the life that was to unfold... a life that would establish Slim as the voice of the nation, the chronicler of Australian history in song.

*As the world enters a new millennium, Slim is as strong as ever, still building, and living, the dream.*

Slim has managed to hold on to those early visions of writing and singing about the bush because during his lengthy career, he has kept in touch with his audience. And he has done this in a very real and meaningful way, so much so that his fans would feel that Slim is one of their mates and his songs "just a good yarn you might hear from a mate at the pub, around a camp fire in the bush or at a back yard barbie".

He describes his music as "songs about real Australians. I have to be fair dinkum with my audience. I can't see any other way of doing it," he says. "You have to believe in what you are singing about."

To quote a London *Country Music People* magazine review: "Three things are certain in this life. Death, Taxes... and Slim Dusty. This man has been making music and epitomising the spirit of Australia for 50 years. Although he had a massive worldwide hit with *A Pub With No Beer* in the late '50s, few outside his home country are aware of the continuing popularity and reverence in which Dusty is held Down Under, not only by the public but by his fellow musicians and artists, including those who hang their hat under the New Country sign."





## Slim Dusty



Slim Dusty was the first Australian to receive a Gold Record (still the only 78 rpm gold record in existence in this country), the first Australian to have an international record hit, and the first singer in the world to have his voice beamed to earth from space (in 1983, astronauts Bob Crippen and John Young played Slim singing *Waltzing Matilda* from the space shuttle "Columbia" as it passed over Australia).

His amazing career spans six decades, has him holding **35** Golden Guitars (an achievement as yet, and unlikely to be, unequalled), more Gold and Platinum Record Awards than any other Australian

artist, ARIA Awards (Australian Recording Industry Awards) including induction into the ARIA Hall of Fame, video sales Platinum and Gold Awards, an MBE and Order of Australia for his services to entertainment, and he was one of the earliest inducted to the Country Music Roll of Renown.

Just recently (1999) Slim was named Father of the Year and Senior Australian of the Year... two more accolades added to numerous other awards and honours.

He is rightly known as the "Historian of the Bush" but his songs and his stage performances reflect the changing face of Australia in the country as well as in the city.

Slim Dusty (David Gordon Kirkpatrick died on 19th September, 2003. His music still plays on and will be heard for many years to come.

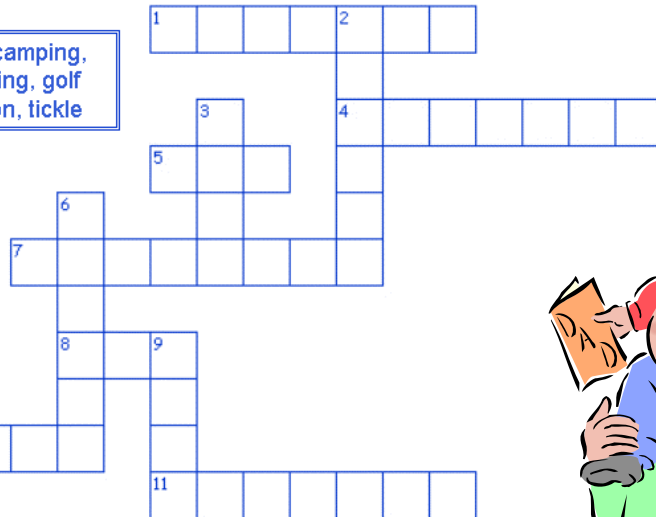




## Puzzles

## Father's Day Crossword

Word List: barbeque, camping, daughter, father, fishing, golf hug, joke, necktie, son, tickle

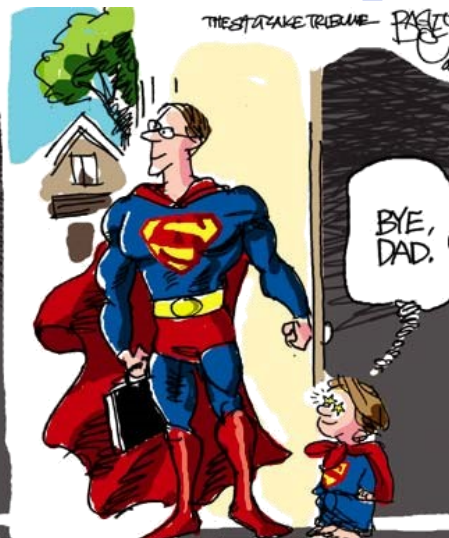
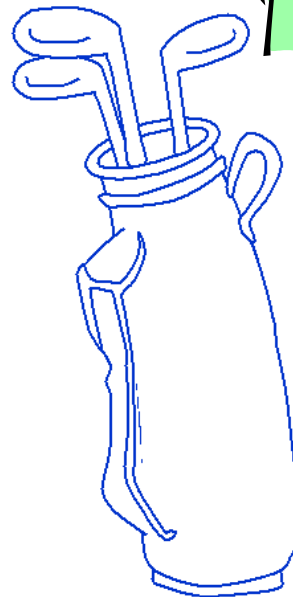


## Across

1. A piece of cloth worn around the neck.
4. Living in tents.
5. Boy child.
7. Outdoor cooking.
8. Tight squeeze.
10. Girl child.
11. A boat, a rod and a reel

## Down

2. To touch to cause giggles.
3. To tell a playful story.
6. Daddy, dad, pop.
9. A little ball, clubs and holes.



HAPPY FATHER'S DAY!

## Puzzles

# Fathers Day Word Search

Find the hidden words.

S S D S S R L G Z T X K R L B  
 T E F L W E A L H I I A G N A  
 R K U O E T X O A S P H U G S  
 O O N O E H U U S B T R A E H  
 P J N T T G D E V O T E D G V  
 S T Y O H U S L S U M O N M G  
 F V C T H A W E R O Z O O N W  
 V I F E G L I E H Q R L I F H  
 D U S I P R T C E T O R P L O  
 L A F H O S F N S V A J G A L  
 E T D M I U E A E C G U I I I  
 S I E D J N Z R T R W N V C D  
 A M T L Y Z G O I H A E I E A  
 F A M I L Y B R A V E P N P Y  
 N E R D L I H C Q B B R G S O

BBQ  
 BRAVE  
 CARING  
 CHILDREN  
 DADDY  
 DEVOTED  
 FAMILY

FATHER  
 FISHING  
 FOOTBALL  
 FUNNY  
 GIFTS  
 GIVING  
 HEART

HOLIDAY  
 HOME  
 HONOR  
 HUGS  
 JOKES  
 JUNE  
 KISSES

LAUGHTER  
 LOVE  
 MEMORIES  
 NURTURE  
 PARENT  
 PROTECT  
 RESPECT

SPECIAL  
 SPORTS  
 STRONG  
 SWEET  
 THOUGHTFUL  
 TIE  
 TOOLS

## Puzzles

## Going Fishing Word Search

A	R	T	R	S	H	A	R	K	M	X	J	C	H	G	C	E	Y	Q	M
F	J	P	I	R	A	N	H	A	P	X	L	T	K	I	Q	C	N	Y	I
O	D	C	B	A	R	R	A	M	U	N	D	I	B	F	R	J	Z	B	R
W	H	I	T	I	N	G	E	B	G	E	A	J	J	E	W	F	I	S	H
E	W	W	N	C	M	A	C	K	E	R	A	L	D	X	W	X	C	W	A
D	U	H	D	G	O	L	D	F	I	S	H	A	G	V	R	A	W	S	D
M	G	P	N	S	P	U	F	F	E	R	F	I	S	H	H	Y	Q	R	D
H	L	P	G	Z	N	C	W	F	O	W	Q	P	T	K	W	D	N	H	O
J	V	D	E	D	A	A	K	C	B	O	N	I	T	O	D	I	H	R	C
H	M	C	Y	U	S	T	O	R	B	A	U	U	J	Q	V	E	B	J	K
U	P	W	W	N	C	F	L	O	U	N	D	E	R	Z	T	C	R	N	G
X	Q	L	I	V	Z	I	S	A	L	M	O	N	H	A	L	I	B	U	T
F	B	M	O	W	W	S	T	I	L	A	P	I	A	P	W	T	P	W	D
P	M	J	O	Q	H	H	C	Z	Y	O	H	T	I	A	H	Q	U	S	H
U	H	J	D	B	A	R	R	A	C	U	D	A	E	T	E	C	V	K	L
J	U	R	X	O	L	M	H	K	B	H	D	E	P	B	R	Y	A	P	Y
O	C	T	T	E	E	N	W	X	S	M	R	N	F	M	R	O	U	H	J
Z	H	X	U	I	N	N	D	X	V	T	W	Z	N	I	I	R	V	Z	C
P	M	S	N	A	P	P	E	R	S	G	F	D	O	Z	N	W	I	F	J
D	K	H	A	V	V	Q	B	Z	J	D	B	V	A	M	G	P	H	K	R

BARRACUDA  
SHARK  
BARRAMUNDI  
GOLDFISH  
PUFFERFISH

MACKERAL  
HALIBUT  
HERRING  
HADDOCK  
CATFISH

PIRANHA  
FLOUNDER  
WHALE  
JEWFISH  
TUNA

SALMON  
SNAPPER  
BONITO  
TILAPIA  
WHITING

## Puzzles

In which countries did the following foods originate from?

1. SPAGHETTI
2. SAUERKRAUT
3. PUMPKIN PIE
4. HAGGIS
5. KIMCHI (pickled cabbage)
6. PIZZA
7. FALAFEL (chickpea dumplings)
8. CURRY
9. JALAPENO PEPPERS
10. SCHNITZEL
11. ESCARGOTS
12. DAMPER
13. MOUSSAKA
14. BORSCH
15. SMORGASBOARD
16. ROAST BEEF & YORKSHIRE PUDDING
17. SPRING ROLLS
18. SUKIYAKI
19. GOULASH
20. CHILLE CON CARNE
21. FRIED RICE
22. FEIJOADA (black beans & smoked meat)
23. EMPANADAS (minced meat pasties)
24. LAKSA
25. PAELLA
26. RAW TUNA
27. STEW
28. GADO-GADO
29. NASI GORENG
30. ENCHILADAS
31. HARIRA SOUP
32. TOM YUM SOUP
33. SATAY



Acclaim Images.com



## Puzzles

### Complete the Proverbs

Questions	Answers
1 If you can't stand the heat _____	:
2 _____ makes perfect	:
3 Hell hath no fury like a woman _____	:
4 A _____ may look at a king	:
5 Clutching at _____	:
6 A bad penny always _____	:
7 Hair of the _____ (hangover remedy)	:
8 Don't put the _____ before the horse	:
9 The bigger they are, the harder they _____	:
10 Knee-high to a _____	:
11 Living in the lap of _____	:
12 Hunky _____ (fine)	:
13 He that fights and runs away, _____	:
14 Twiddle ones _____	:
15 Order of the _____ (dismissal from employment)	:
16 To err is human, to forgive _____	:
17 _____ is the best policy	:
18 A horse of a different _____	:
19 _____ can't be choosers	:
20 A stitch in time saves _____	:



# Answers

1. ITALY
2. GERMANY
3. USA
4. SCOTLAND
5. KOREA
6. ITALY
7. MIDDLE EAST
8. INDIA
9. MEXICO
10. AUSTRIA
11. FRANCE
12. AUSTRALIA
13. GREECE
14. RUSSIA
15. NORWAY
16. ENGLAND
17. CHINA
18. JAPAN
19. HUNGARY
20. MEXICO
21. CHINA
22. BRAZIL
23. CHILE
24. SINGAPORE
25. SPAIN
26. JAPAN
27. IRELAND
28. INDONESIA
29. MALAYSIA
30. MEXICO
31. MOROCCO
32. THAILAND
33. INDONESIA
34. JAPAN

## Answers

- 1 Get out of the kitchen
- 2 Practice
- 3 Scorned
- 4 Cat
- 5 Straws
- 6 Turns up
- 7 Dog
- 8 Cart
- 9 Fall
- 10 Grasshopper
- 11 Luxury
- 12 Dory
- 13 Lives to fight another day
- 14 Thumbs
- 15 Boot
- 16 Divine
- 17 Honesty
- 18 Color
- 19 Beggars
- 20 Nine

## Father's Day Crossword Answers

### Across

1. necktie
4. camping
6. son
7. barbeque
8. hug
10. daughter
11. fishing

### Down

2. tickle
3. joke
6. father
9. golf

## Village News

Hello everyone

Spring has sprung and we are welcoming the month of September with warmer weather with the sun shining more and hopefully the rains will stay away.

The gardens are starting to come alive with the Azaleas bursting with colour and the Magnolia trees are showing off with magnificent big mauve flowers and their green leaves have started appearing this last week.

We will be hearing the sound of the lawnmowers soon as the growing season is coming.

It's nice to see the Plovers have been hanging around the lawns around Connections so hopefully we will see baby chicks soon.

The exercise bike has been in constant use sometimes there's even a waiting time till your turn. There have been a few ladies now enjoying peddling. Thank you Barbara for donating. It is a great form of exercise for us.

The Men's Shed gets really busy sometimes with lots of sanding and painting, men keeping themselves busy.

We started the month off with a Morning Tea with lots of residents turning up to enjoy scones, jam and cream. Raffles won by Margaret, Alice and Lou.

There were 23 residents that came along to enjoy the BBQ lunch and as it was Ivy's birthday we all enjoyed Red Velvet Cake with fresh cream and strawberries without the candles as unsure if it would set the alarms off. Raffles won by Ivy, Kay, Terry and May.

We finished the month of August off with a Cheese and Nibbles and BYO alcohol with a small group enjoying the evening. Raffles went to Ken, Barry and Kay.

This last month has been very quiet in Connections so hopefully the warmer weather will bring more residents out to enjoy activities that are organised by the volunteers.

I would like to mention that we have lots of things missing in Connections kitchen so if you have borrowed our fine China coffee mugs, plates or bowls etc could you return these items back to the kitchen please.

### BE KIND AND COURTEOUS

We're all in this together to create a welcoming environment. Let's treat everyone with respect.

Healthy debates are natural but kindness is required.

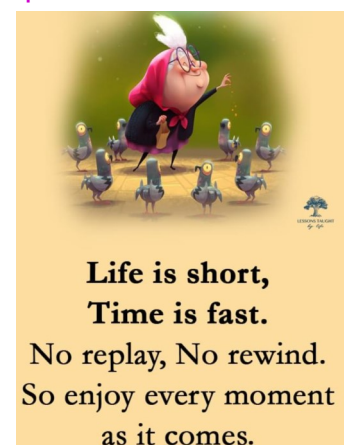
THANK YOU to all the VOLUNTEERS that have helped in Connections and to all the residents that have attended and bought raffle tickets to make it a fun place to be.

It's all about getting out and enjoying yourself.

CHERYL 



**Be grateful that  
no matter how  
much chocolate  
you eat, your  
earrings will  
still fit.**



## Village News

### A WEDDING ANNIVERSARY STORY

by David Mundy

There is a rumour circulating in Melrose that a well-known couple of Village residents have been celebrating their 50<sup>th</sup> Wedding Anniversary.

Their domestic tranquillity has long been the talk of Pendle Hill.

A local newspaper reporter was inquiring as to the secret of the long and happy marriage.

'Well, it dates back to our honeymoon,' explained the husband.

'We visited the Blue Mountains and took a trip down to the bottom of the Wentworth Falls by donkey.

We hadn't gone too far when my wife's donkey stumbled.

My wife quietly said, "That's once."

We proceeded a little further when the donkey stumbled again.

Once more my wife quietly said, "That's twice."

We hadn't gone half a mile when the donkey stumbled a third time.

My wife took a gun out of her pocket and shot the donkey.

'I started to protest over her treatment of the donkey when she looked at me and quietly said, "That's once."

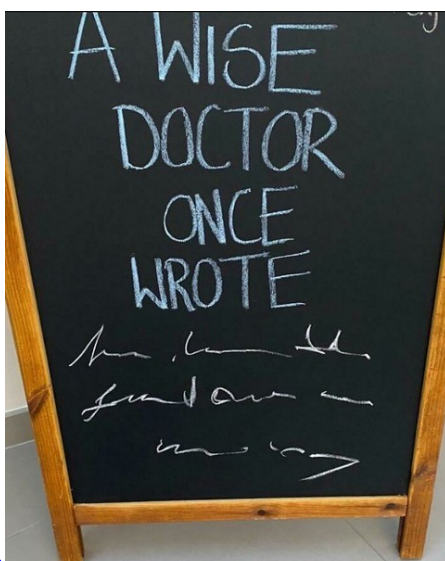
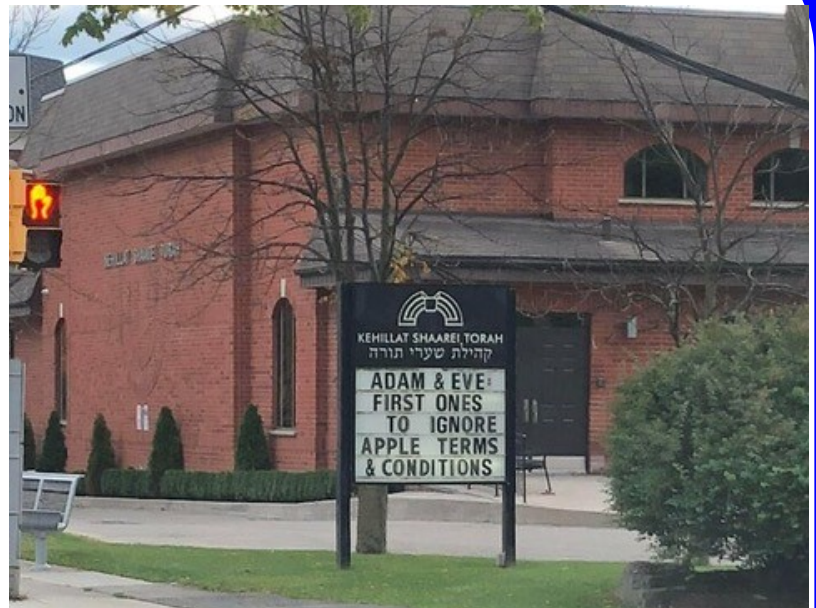
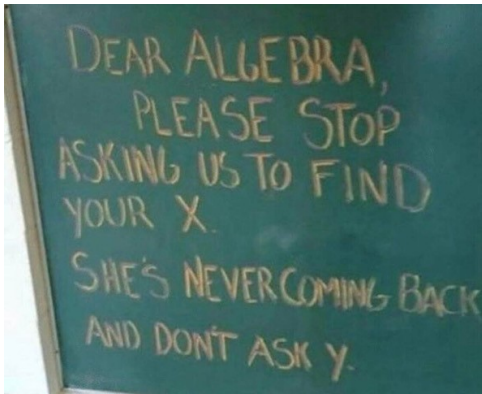
"And we have lived happily ever after".....

The note added by the reporter goes on to say this seems to be the way to a very successful and long-lasting marriage.





# For A Good Laugh By David Mundy



## CONNECTIONS – SEPTEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 	2 	3 9.30am Tai Chi, Zumba 	4 
5	6 9.30am Tai Chi, Zumba 10am –12pm iPad / iPhone course	7 2pm Shuffle Board 	8 10.30 Morning Tea 	9 9am Bus Trip to Bald Hill & Royal National Park 	10 9.30am Tai Chi, Zumba 	11  The quality of a father can be seen in the goals, dreams and aspirations he sets not only for himself, but for his family.
12 1.30pm UPA Melrose Village Meeting	13 9.30am Tai Chi, Zumba 	14 2pm Shuffle Board 	15 	16 12.30 BBQ Lunch 	17 9.30am Tai Chi, Zumba 	
19	20 9.30am Tai Chi, Zumba 	21 2pm Shuffle Board 	22 	23 9am Shopping Trip 5pm Cheese, Nibbles and BYO Wine	24 9.30am Tai Chi, Zumba 	25
26	27 9.30am Tai Chi, Zumba 	28 2pm Shuffle Board 	29	30  "I'm sick of following my dreams, man. I'm just going to ask where they're going and hook up with 'em later."		





Tea Time









*A grandfather is a special blessing  
enriching the life of a grandchild  
with unique and incomparable joys.*

*Grandpa, you are my special joy.  
I get a warm, safe, contented feeling  
when I think of you.*

*With you, I feel no pressure to be  
what someone else wants me to be;  
you love me enough to let me be me.*

*You're never in a hurry;  
you always take time to listen and to help.  
You are always there for me when I need you;  
You're never too busy for talks, for walks.*

*I can count on your wisdom,  
your life experience,  
your understanding heart  
to help me comprehend and get through  
challenges you've already faced.*

*You are part parent, part teacher,  
part best friend.*

*Your strength and your easy, calm confidence  
is your legacy to me,  
and I love you dearly.*

*Happy Father's Day, Grandpa!*