



UNITED PROTESTANTS ASSOCIATION

WESTERN REGION

315 MACQUARIE STREET DUBBO NSW 2830

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GENERAL INFORMATION FOR ENTRY INTO OUR RESIDENTIAL AGED CARE FACILITIES:

Residential Aged Care provides care for older people who for a variety of reasons are no longer able to live at home. Residential aged care can be offered as either permanent or short-term care. Short-term care in an aged care home is called *residential respite care*.

UPA is pleased to offer both permanent and short-term residential aged care at our Western Region facilities which include Bracken House, Dubbo and Yeoval Aged Care, Yeoval. Bracken House provides specialist care for people living with dementia in a secure homelike unit called 'Lavender Lodge'.

Bracken House is a spacious aged care facility situated in an ideal location, close to the main shopping area of Dubbo. The facility overlooks the plains near the Macquarie River. Bracken House has recently been renovated with 12 of the resident rooms offering beautifully styled, large single rooms with private ensuite. The other 62 resident rooms are smaller but also offering modern styled single rooms with private ensuite. Rooms also include built in wardrobe, bedside table, lockable set of draws and all rooms are fitted with reverse cycle air-conditioning. All rooms have phone, TV & computer outlets with free Wi-Fi access. Ensuites have non-slip floors, hand-held showers, and arm supports for ease of toileting.

Bracken House's main residential area is named 'Red Gum Lodge' and the dementia wing is named 'Lavender Lodge' both of which provide sunny rooms with large windows looking out over landscaped gardens. Professional and highly experienced staff, including RNs provide 24/7 care to residents and an Emergency call button provides 24/7 supervision at all times.

Within 'Red Gum Lodge' there is a spacious lounge room/activity room (approx. 154.3m²), which has a large TV and piano offering a light homely feel. The dining room (approx. 147.3m²) and the second activity room (approx. 43m²) also have large windows which offer views over the gardens. Large windows around the whole facility offer views over the gardens and some offer views over the plains of the Macquarie river. The personal carer office (known as "the Hub") situated in a central area, enables staff to monitor residents at all times. Covered outside areas are available for resident and family use.

The facility provides meals prepared by a chef on site in modern purpose-built kitchens. Visitors may dine with residents for a small fee. A range of social programs is designed to meet the spiritual and cultural needs of our residents. These include bus outings, café corner,

church services and celebrations in recognition of special days e.g. Melbourne Cup, St Patricks day. A hairdresser is on-site weekly and regular podiatry and physiotherapy is also available.

Lavender Lodge is the secure dementia wing offering all the amenities of the general area with the addition of sensor monitoring ensuring the highest level of supervision is provided at all times.

Yeoval Aged Care is situated in the rural town of Yeoval and provides single room plus private ensuite accommodation to 25 residents. The lodge is staffed 24/7 by a professional and highly experienced aged care team that is passionate about creating a home-like environment.

The facility has undergone recent renovation providing residents with a more modern room with built in wardrobe, bedside table, lockable bedside draws, high/low bed with comfortable mattresses and a sunny outlook overlooking the rural area. Rooms are fitted with reverse cycle air conditioning, phone access and TV outlets and a 24/7 emergency call button providing a high level of supervision.

There are two large lounge areas, a dining area, two activities areas, a foyer and outdoor areas. The larger of the lounge areas, known as “the MAC room”, provides a warm and inviting environment for activities and special functions. Meals are prepared on site in our purpose-built kitchen with menus developed in consultation with residents and our Nutritionist. The outside garden area has raised garden beds to allow the residents to participate in gardening activities or relax in the comfortable outdoor furniture.

A range of social programs is on offer, designed to meet the recreational, spiritual and cultural needs of our residents. These include bus outings, church services and days designed to celebrate special occasions e.g. Melbourne Cup, St Patricks Day. A Hairdresser, podiatrist and physiotherapist are on-site as required. There are also annual visiting services from Australian Hearing, NSW Health for oral health care and OPSM. Meals can also be arranged for a small fee for visitors attending the facility.

Step 1: Are you eligible?

If you are considering moving into an aged care facility, you will first need an assessment with a member of an Aged Care Assessment Team (ACAT). You are welcome to have someone else with you (a friend or family member) during the assessment for extra support. The team will talk to you about your current situation and help you work out what your options are. These assessments are fully funded by the Australian Government to determine your eligibility for subsidised aged care services.

To access an assessment for Residential Aged Care you must contact “My Aged Care” in the first instance. Call **1800 200 422** or visit **myagedcare.gov.au**

Following your assessment, you will receive a letter to tell you what type of services you are eligible for and approved to receive.

Step 2: Inspecting the Facility.

We recommend that you visit our wonderful facilities to help you to find out what you can expect – it also allows you to see what our accommodation is like and the types of care, many services and activities that UPA can offer.

It is essential to make an appointment for an inspection; which will be conducted by our Liaison Officer.

Step 3: How do I Apply?

You will need to complete our “*Application for Residency*” form and return it to our Regional Office at 315 Macquarie Street, Dubbo.

To apply to have your fees and charges subsidised by the Australian Government, you will need to fill out the ***Permanent Residential Aged Care – Request for a Combined Assets and Income Assessment form (SA457)*** and submit it to Centrelink or the Department of Veterans Affairs.

We suggest that you apply for this assessment as soon as possible to ensure easier and more timely access to entering care; as the assessment may take some weeks to be obtained.

Step 4: What do you need to pay?

With all aged care services in Australia, it is expected that you will contribute to the cost of your care if you can afford to do so.

Residents can choose to pay for their accommodation by a refundable deposit, a daily payment, or a combination of both.

A refundable deposit is paid as a lump sum amount. A daily payment accrues daily and is paid periodically for example fortnightly.

A combination payment includes both a partial lump sum and daily payments.

Fees associated with your care at UPA are as follows:

- Refundable Accommodation Deposit (RAD):

This is also commonly referred to as the “bond” This is determined by Centrelink and is based on the assessment of your income and assets.

The Maximum Refundable deposit (RAD) is:

Bracken House (Dubbo)	\$450,000.00
Yeoval Aged Care (Yeoval)	\$200,000.00

- Daily Accommodation Payment (DAP):

Bracken House (Dubbo)	\$73.48
Yeoval Aged Care (Yeoval)	\$32.66

- Example of combination payment:

Bracken House (Dubbo)	50% refundable deposit of \$225,000.00 and 50% daily payment of \$36.74
Yeoval Aged Care (Yeoval)	50% refundable deposit of \$100,000.00 and 50% daily payment of \$16.33

- Daily Fee:

The daily fee for full residential aged care at UPA facilities is set at 85% of the basic pension. This is indexed by the Government and is increased twice a year, when the pension is increased. This is currently set at \$52.25 per day or \$731.50 per fortnight.

Within 28 days after the date of entry you may choose to pay the Accommodation Payment or Accommodation contribution (if payable) by:

- Daily payments; or
- Refundable deposit; or
- A combination of refundable deposit and daily payments

However; if you do not choose how to pay within those 28 days, you must pay by daily payments.

Please note that additional fees may be charged according to the Centrelink means test result. For an estimate of fees go to www.myagedcare.gov.au/fee-estimator/residential-care/form . UPA recommend you seek independent financial advice.

Residential Respite Care clients are also required to complete the ACAT assessment. However, you will not have to pay the Refundable Accommodation Deposit or any means tested care fees. The daily fee is set at 85% of the basic pension and is currently set at \$52.25 per day or \$731.50 per fortnight.

We look forward to assisting you with accessing aged care accommodation at our facilities. Please don't hesitate to contact us on 5852 4700 or email on reception@dubbo.upa.org.au should you have any further queries regarding this information.