

# Gumleigh Gardens NEWSLETTER

December 2018  
Ph (02) 6921 3219



Hi Everyone,

With the holidays coming up we have been full steam ahead in the office. We would like to take the opportunity to wish you and all of your families a Happy and Safe Christmas and New Year.

## Changes in the office

We have restructured our staff in the Office. We are welcoming Kay who in December started working part time in both the office and continue to help in homecare services where needed.

**As such your first point of call for all Village Enquiries should be Emily.**

Kay and Jo's main focus is on Homecare Services. Kay and Jo can still assist you if Emily is unavailable. As always Sandy is available if you would like to speak directly with her.

## Movember

Pete has been raising money participating in Movember.

This is the final product of all of his hard work. Thank you to everyone who kindly donated to him. He raised a total of \$475.00



## Christmas Break Office Hours:

The office will be closing 12pm Monday 24th December & Reopening 9am Friday 28th December.

The office will also be closed on Tuesday 1st January and Monday 28th January.

**If you need to contact UPA urgently please call one of the below names from the Resident Emergency Contact List:**

**Bede Mecham**

**Jill Burmeister**

## Upcoming Staff Leave

**Sandy Brown:**

Dec 19 - Jan 02

**Emily Dennis**

Dec 31 - Jan 04

**Kay Morrow**

Dec 22 - 29 & Jan 12 - 27

*compassion · respect · integrity · kindness · inclusiveness*

# Events in Wagga



## A Taste Of Irish Christmas Wagga Wagga

Thurs 13 December | 8 -10pm | Wagga Wagga RSL Commercial Club

All Tickets \$39

## Wagga Skyworks

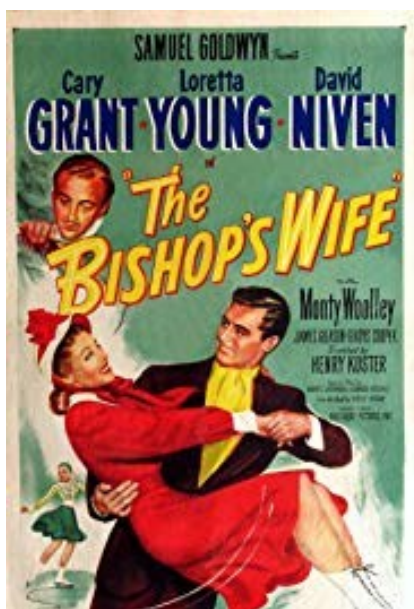
Mon 31 Dec | 4.30pm - 11.59pm | Apex Park Lake Albert | Free

## Australia Day Celebrations

Fri 25 Jan | TBA | Civic Theatre Precinct | FREE



Enjoy a relaxed afternoon tea on Sunday screenings, and lunch on a Wednesday screening, included in the price of a ticket.



## The Bishop's Wife (1947)

16th & 19th December

An angel in human form enters the life of a bishop in order to help him build a new cathedral and repair his fractured marriage.

Starring Cary Grant, Loretta Young, David Niven |

# Village News and Events



Next Devotional Service is on:

**Tuesday 5th February at 9.30am**

Followed by morning tea at 10.00am Cost \$2.00.



Monthly Friday Gathering

**21st December @ 5.30pm**

Bring a plate of food to share and  
BYO Drinks.

Gumleigh Games Hour

Come and join your neighbours  
for a fulfilled games hour!

**2.30pm on the 25th January**

*If you have any feedback about the  
Gumleigh Games Hour please let us know*



*Coffee & Chat*

Come and join other residents for a coffee /  
tea in the hall Sunday at 2.30pm onwards

We have recently purchased a portable blower Vac which our  
Homecare staff have been using to assist in their duties. The  
blower Vac is very light and easy to use.

If you wish to borrow it please come in to the office and ask.  
You are more than welcome to borrow.

# Home Care Packages - Planning Ahead



## Struggling with some aspects of living at home?

### Have you been assessed by My Aged Care?

Planning ahead is very important and something you should be considering now.

The government provides assistance through Home Care packages but there is a limited amount of packages available.

Once you have completed an assessment with my aged care and have received the outcome of your assessment for a package it may take up to 12 - 18 months to receive a letter confirming an available package for you.

Having these packages enables you to stay independent for longer, enabling you to stay in your home for longer.

If you leave it too late the burden often falls to family members.

From the office here in Gumleigh Gardens we run homecare services and we can help you to organise an assessment from My Aged Care, or provide further information on services so you can plan ahead for the future.

A home care package is tailored to meet your individual needs. Jo and Sandy work with you to assess what your needs are and which services will be most beneficial for you.



**Your pathway  
to accessing a  
home care package**

## Below is an idea of what services you can receive through your homecare packages:

- \* Personal Care
- \* Shopping
- \* Outings
- \* Light Housework
- \* Transport to Appointments
- \* Meal Preparation
- \* Additional services available on request

**Please don't wait until it is too late before you get assessed. It is so important to get the ball rolling before you are unable to do the important tasks that keep you in your home longer. The national waiting cue for homecare packages is anywhere from 12 - 18 months.**

**For more information please come and see the office. We have information packs or Jo and Sandy can explain the process in person with you.**



# Fun Corner

## PEARLS OF WISDOM

1. If you're too open minded, your brains will fall out
2. Age is a high price for maturity
3. Going to church doesn't make you a Christian any more than going to a garage makes you a mechanic
4. Artificial Intelligence is not match for natural stupidity
5. If you look like your passport picture you probably need the trip
6. Bills travel through the post at twice the speed of cheques
7. Men are from Earth, Women are from Earth. Deal with it. No husband has ever been shot while doing the dishes
8. A balanced diet is a biscuit in each hand

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**What do you  
get when you  
cross a  
snowman  
and a  
vampire?  
Frostbite**



# Christmas Joy

## Real Joy

What is Christmas without Jesus Christ?

It's a holiday full of stuff

Money and stress, teaching kids greed,

Some people are saying "Enough!"

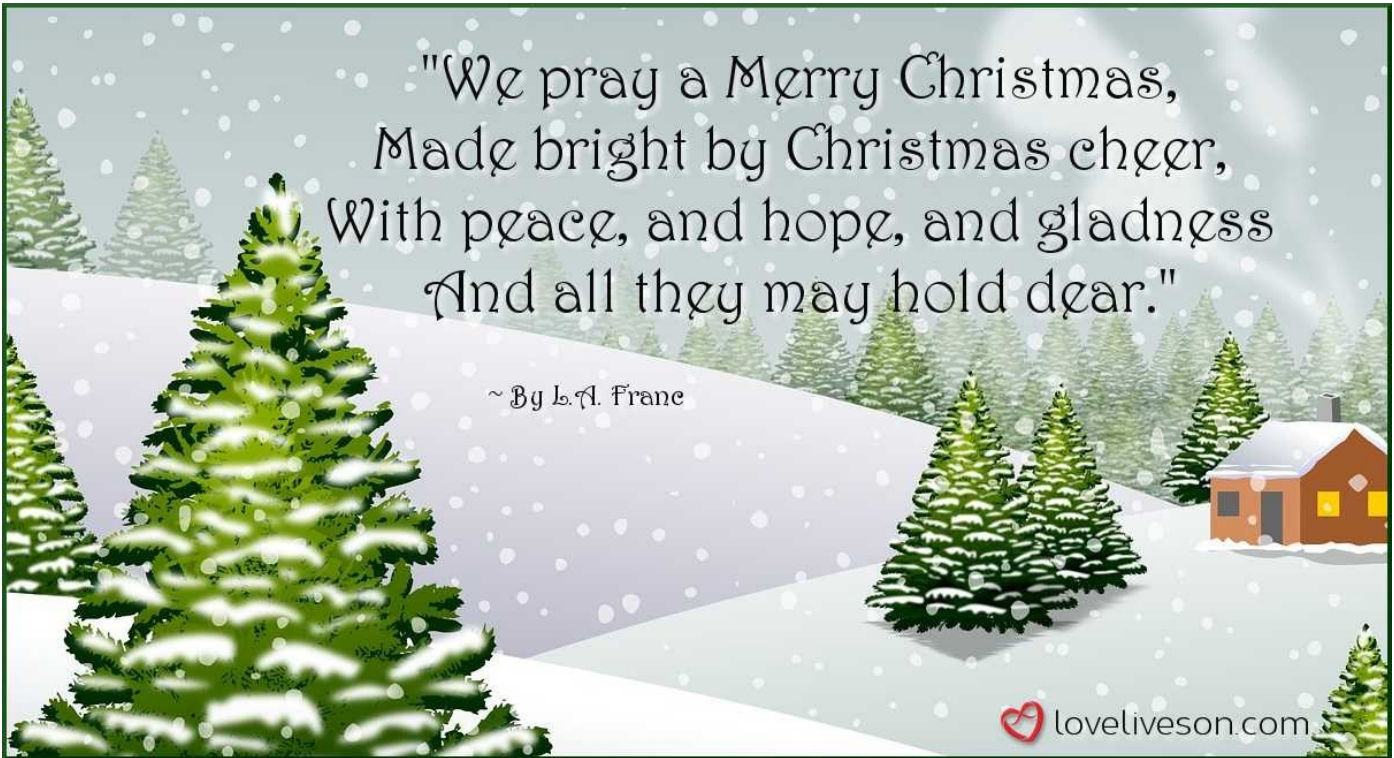
"Love one another," our Saviour said.

It's all about love, not things

Let's teach our children to serve, and create

The real joy the true Christmas brings.

*By Joanna Fuchs*



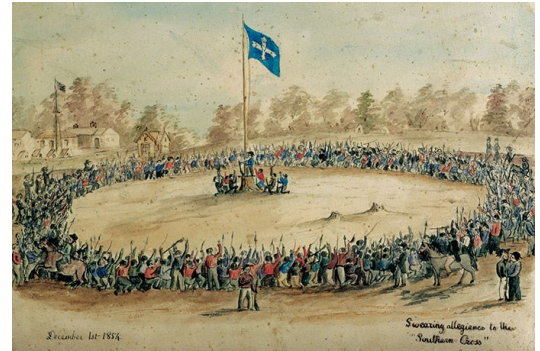
"We pray a Merry Christmas,  
Made bright by Christmas cheer,  
With peace, and hope, and gladness  
And all they may hold dear."

~ By L.A. Franc

 [loveliveson.com](http://loveliveson.com)

# Eureka Stockade

The Eureka Rebellion was a rebellion in 1854, instigated by gold miners in Ballarat, Victoria, who revolted against the colonial authority of the United Kingdom. It culminated in the battle of the Eureka Stockade, which was fought between miners and the colonial forces of Australia on December 3 1854. It resulted in the deaths of at least 27 people, the majority of whom were rebels.



The rebellion was the culmination of a period of civil disobedience in the Ballarat region during the Victorian gold rush with miners objecting to the expense of a miner's licence, taxation via the licence without representation, and the actions of the government, the police and military. The local rebellion grew from a Ballarat Reform League movement and culminated in the erection by the rebels of a crude battlement and a swift and deadly siege by colonial forces.

Most Australians are very familiar with this story but today we are going to delve a little deeper and talk about the leader of the rebellion, Peter Lalor and how the Eureka flag was made.

## Eureka Flag

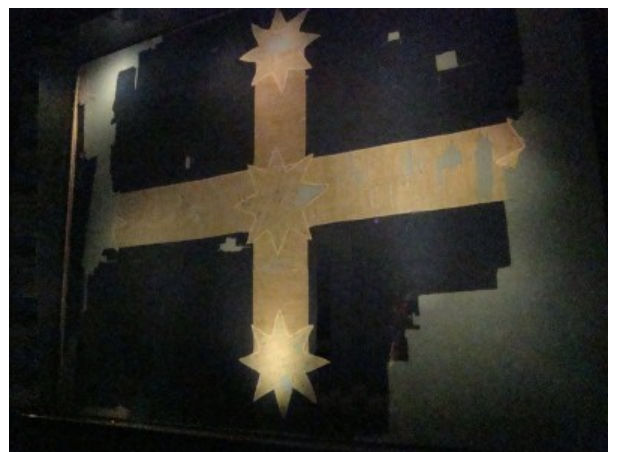
On 29 November, 1854, gold miners saw the enormous flag for the first time at Bakery Hill. It served as a call for men to gather, and they began to protest and burn their miner's licenses.

Fifteen thousand people, half the population of Ballarat, turned up.

Four days later, the flag was moved to the centre of a hastily built stockade at the Eureka diggings, where miners had gathered for a confrontation with government troops and police.

Several days earlier, a group of women whose husbands were working in the goldfields had begun to stitch the flag. It measured four metres by 2.6 metres and was made of bolts of woollen fabric.

It is commonly believed that three women worked on the flag - Anastasia Hayes, Anastasia Withers, and Anne Duke - there is also talk from some historians there was at least one more, Eliza D'Arcy.



# Peter Lalor

Peter Lalor was an Irish migrant who led the rebellion of the Eureka Stockade. In his early days he was relatively disinterested in politics, but the Eureka rebellion sparked a passion for justice that began his political career.

Born in Ireland in 1827, Lalor migrated to Australia in 1852 and headed to the Ballarat goldfields in 1854. Although aware of the growing resentment towards the government's laws regarding diggers, Lalor was initially not involved with the miners' rebellions.

However, on 29 November 1854, 12,000 diggers met under the Southern Cross flag, pledging to unite in protest against the unfair laws they faced. The next day, with none of the regular spokesmen present, Lalor reluctantly stepped up as leader, rallying the miners and calling on them to arm themselves for battle. According to one observer, Lalor:

**...knelt down, the head uncovered, and with right hand pointing to the standard (flag), exclaimed in a measured tone: 'We swear by the Southern Cross to stand truly by each other to defend our rights and liberties. A universal well-rounded Amen was the determined reply.'**

## ***Raffaello Carboni, Eureka Stockade digger***

Although the diggers were overpowered by the stronger, better-armed police and military, Lalor escaped with a wound to his arm, which he later had to have amputated. A reward was posted for information leading to his arrest, but no one claimed it. There was enormous public sympathy for the miner's cause, and Lalor's heroism in leading them at such odds.

After the Eureka miners were later acquitted, Lalor went on to take a seat in the Victorian Upper House, continuing to fight for the rights of the miners and the common *working class*. However, Lalor's political stance could be viewed as inconsistent.

He supported protection of local industry, but was also an advocate of *assisted immigration*. He supported land reforms, but also advocated the sale of land to the wealthy middle class, instead of working-class men who lacked the money to fully develop it.

His conflicting stances made him unpopular with some members of parliament, but he continued his career until 1887. When his wife and daughter died shortly after one another that year, Lalor lost the heart for politics and resigned. He died two years later.





# Contact Us

ph (02) 6025 1776 fax (02) 6025 5712



## Our other services & locations

### Community Care

**Eleanor Bohr**  
**Amaroo Dementia Day Club**  
Lavington  
ph (02) 6025 1776

**Trish Robinson**  
**Home Care Packages - HCP**  
**Commonwealth Home Support Program - CHSP**  
Lavington & Henty  
ph (02) 69293244

**Henty Meals on Wheels**  
Community Centre Ivor Street  
Henty, NSW, 2658  
ph (02) 6929 3244

**Sandy Brown**  
**Home Care Packages - HCP**  
**Commonwealth Home Support Program - CHSP**  
**DVA**  
Wagga Wagga  
ph (02) 6921 3219

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**For any general enquiries please contact the regional office:**

342 Wagga Road  
Lavington NSW 2641  
ph (02) 6025 1776  
e region-  
aloffice@upamurray.org.au

### Independent Living

**Sal Anderson**  
**Hillsborough Retirement Village**  
32 Sydney Road  
Beechworth ,VIC, 3747  
ph (02) 6025 1776 fax (02) 6025 5712

**Murray Vale Self Care**  
340 Moore Street  
Lavington, NSW, 2641  
ph (02) 6025 1776 fax (02) 6025 5712

**Myoora Independent Living**  
Allan Street  
Henty, NSW, 2658  
ph (02) 6025 1776

**Park Hall Village**  
Park Hall Village Place  
Wodonga, VIC, 3690  
ph (02) 6025 1776 fax (02) 6025 5712

**Elms Self Care - Retirement Village**  
Balfour Street Culcairn, NSW, 2660  
ph (02) 6025 1776 fax (02) 6025 5712

**Sandy Brown**  
**Gumleigh Gardens Retirement Village**  
23 Albury Street  
Wagga Wagga, NSW, 2650  
ph (02) 6921 3219

**Knightleigh Cottages**  
Cnr John & Nicholas Streets  
The Rock, NSW, 2655  
ph (02) 6921 3219

**WT Wilson Homes**  
Near Cnr North & Operator Streets  
West Wyalong, NSW, 2671  
ph (02) 6921 3219

### Residential Care

**Christine Fulthorpe**  
**Gumleigh Gardens Hostel**  
29 Shaw Street  
Wagga Wagga, NSW, 2650  
ph (02) 6931 0409 fax (02) 6971 9610

**Leonie Mardling**  
**Holbrook Village Hostel**  
45/47-55 Bowler Street  
Holbrook, NSW, 2644  
ph (02) 6036 2817 fax (02) 6036 3618

**Kerralyn Bullock**  
**Jindera Gardens Hostel**  
80 Creek Street  
Jindera, NSW, 2642  
ph (02) 6026 3799 fax (02) 6026 3477

**Judy Osmand**  
**Oolong Hostel**  
97 Sturt Street  
Howlong, NSW, 2643  
ph (02) 6026 6800 fax (02) 6026 5111

**Jaqui Hastings**  
**Murray Vale Shalem Hostel**  
342 Wagga Road  
Lavington, NSW, 2641  
ph (02) 6025 4889 fax (02) 6040 0359

**Susan Weston**  
**Myoora Homestead Hostel**  
Bartsch Ave & Keighran Street  
Henty, NSW, 2658  
ph (02) 6929 3200 fax (02) 6929 3602