



*Experienced, friendly
and caring staff helping
you to maintain your
independence...*

We also offer a stimulating and secure environment for residents with dementia and wandering tendencies.

All our staff are fully trained, experienced and are passionate about working with older people.

All aspects of care are thoughtfully provided here at Heiden Park Lodge.



*Heiden
Park
Lodge*

**Taking Care of
Tomorrow**



Contact Heiden Park Lodge today to arrange a tour and let us "take care of your tomorrow".



(02) 8197 9325



www.upa.org.au



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**16 Matthews Street
Carramar NSW 2163**

Hostel, Dementia Specific
& Chinese Specific
Aged Care
Accommodation

“It’s just like being in your own home. You have your own room and your privacy is respected. I wish I’d moved here earlier...”



The peaceful and welcoming environment at Heiden Park Lodge makes it a popular aged care choice for people in the western Sydney area.

Here you will find a professional and highly experienced aged care team that is passionate about creating a home-like environment and delivering quality aged care and support services.

This spacious aged care facility offers modern facilities for 85 aged care residents and is beautifully styled and decorated with gorgeous furnishings.

Benefits of choosing Heiden Park Lodge:

- ✓ Single Rooms with Ensuite
- ✓ Chinese Specific Wing
- ✓ In House Cooking
- ✓ Dementia Support
- ✓ Emergency Call System
- ✓ Access to Allied Health Services
- ✓ 24/7 Care Staff & RN’s
- ✓ GP Visits
- ✓ Hairdressing & Beauty services
- ✓ Activity Program
- ✓ Weekly Religious Services
- ✓ Men’s Shed
- ✓ Library
- ✓ Café
- ✓ Shopping Trips & Outings
- ✓ Respite Care
- ✓ Palliative Care
- ✓ Ageing in Place

All bedrooms feature an ensuite, TV, nurse call and individual air conditioning. Tasty and nutritious meals are planned by our aged care specialist dietitian and prepared freshly on site.

Experienced Registered Nurses are on duty 24 hours per day to provide high-level care and Podiatrists and Physiotherapists are among the allied health professionals available to residents in our facility.

A comprehensive activities program includes bingo, reminiscence therapy, craft, pet therapy, visiting entertainers who provide music and dance, weekly religious services and bus trips. Residents can relax and be pampered with weekly hair and beauty services.

“It is a very beautiful place to call home. The care is excellent and the staff are friendly, attentive and thoughtful.”

Our Goff Wing is dedicated to our Asian residents and is carefully decorated with cultural décor to make our Asian residents feel more at home.

The activity program in this wing is carefully designed to meet the spiritual and cultural needs of our Asian residents. These include Tai Chi, Mah Jong, cooking, monthly yum cha and dancing.

Cable TV has been installed which shows Asian programs and all menus, signs and resident information is printed in Chinese.

The Goff Wing have their own dining and lounge areas with in-house Asian cooking.

