

UPA CENTRAL WEST
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PHONE: 6362 7820

GENERAL INFORMATION FOR ENTRY INTO RESIDENTIAL AGED CARE

Residential Aged Care provides care for older people who for a variety of reasons are no longer able to live at home. Residential aged care can be offered as either permanent or short-term care. Short-term care in an aged care home is called *residential respite care*.

UPA is pleased to offer both permanent and short-term residential aged care at our Central West facilities which include Ascott Gardens in Orange and Prunus Lodge in Molong. Both Ascott Gardens and Prunus Lodge provide specialist care for people living with dementia in secure homelike cottages.

Ascott Gardens is a spacious aged care facility offering beautifully styled, modern facilities for 78 residents. Residents are offered large single rooms with ensuites, a king single bed and designer bed linen throughout the recently renovated facility. Rooms also include built in wardrobe/dressing table, bedside table and are fitted with reverse cycle air-conditioning, phone, TV & computer outlets with free Wi-Fi access.

The six wings provide sunny rooms with large windows looking out over landscaped gardens in most rooms. Professional and highly experienced staff, including RNs provide 24/7 care to residents and an Emergency call button provides 24/7 supervision at all times.

A spacious lounge and activity room has a large TV and piano offering a light homely feel. Large windows offer views over the gardens, whilst the office situated in the area enables staff to monitor residents at all times. Covered outside areas are available for resident and family use.

The facility provides meals prepared on site in modern purpose-built kitchens. Visitors may dine with residents for a small fee. A range of social programs is designed to meet the spiritual and cultural needs of our residents. These include bus outings, Synergy Café corner, church services and celebrations in recognition of special days e.g. Melbourne Cup, St Patricks day. A hairdresser is on-site daily and regular podiatry, physiotherapy and OT is also available.

Poppy Cottage is the secure dementia wing offering all the amenities of the general area with the addition of sensor monitoring ensuring the highest level of supervision is always provided.

Prunus Lodge is situated in the historical town of Molong and provides single room plus ensuite accommodation to 28 residents, 12 of those for residents requiring a secure area. The lodge is staffed 24/7 by a professional and highly experienced aged care team that is passionate about creating a home-like environment.

The facility has undergone recent renovation providing residents with modern rooms with built in wardrobe/dressing table, bedside table, high/low bed with comfortable mattresses and a sunny outlook overlooking landscaped gardens. Rooms are fitted with reverse cycle air

conditioning, phone and TV outlets and a 24/7 emergency call button providing a high level of supervision.

A well-appointed central lounge provides a warm and inviting environment leading to a spacious dining room. Meals are prepared on site in our modern purpose-built kitchens with menus developed in consultation with residents and our Nutritionist. Outside landscaped gardens and a raised garden bed allow the residents to participate in gardening activities or relax in the well maintained and comfortable outdoor furniture.

A range of social programs is on offer, designed to meet the recreational, spiritual and cultural needs of our residents. These include bus outings, church services, high teas and days designed to celebrate special occasions e.g. Melbourne Cup, St Patricks Day. A Hairdresser, podiatrist and physiotherapist are on-site as required and in-room media and meals for visitors can be arranged for a small fee.

Rose Cottage – the secure dementia wing provides all the amenities of the general area with the additional security of keycode entry ensuring the highest level of supervision at all times.

Step 1: Are you eligible?

If you are considering moving into an aged care facility, you will first need an assessment with a member of an Aged Care Assessment Team (ACAT). You are welcome to have someone else with you (a friend or family member) during the assessment for extra support. The team will talk to you about your current situation and help you work out what your options are. These assessments are fully funded by the Australian Government to determine your eligibility for subsidised aged care services.

To access an assessment for Residential Aged Care you must contact “My Aged Care” in the first instance. Call **1800 200 422** or visit **myagedcare.gov.au**. Following your assessment, you will receive a letter to tell you what type of services you are eligible for and approved to receive.

Step 2: Touring the Facility

We recommend that you visit our wonderful facilities to help you to find out what you can expect – it also allows you to see what our accommodation is like and the types of care, many services and activities that UPA can offer. It is essential to make an appointment with the Admissions Officer for a tour by calling 02 6362 7820.

Step 3: How do I Apply?

You will need to complete our “*Application for Residency*” form and return it to our Regional Office at 68 Nile Street, Orange.

To apply to have your fees and charges subsidised by the Australian Government, you will need to fill out a ***Request for a Combined Assets and Income Assessment form*** and submit it to Centrelink or the Department of Veterans Affairs.

We suggest that you apply for this assessment as soon as possible to ensure fees charged are correct when you enter care as the assessment may take some weeks to be obtained.

Step 4: What do you need to pay?

With all aged care services in Australia, it is expected that you will contribute to the cost of your care if you can afford to do so. The cost of residential aged care consists of 3 components, a basic daily fee, means tested fee and an accommodation cost. Fees associated with your care at UPA and billed fortnightly in advance are as follows:

- Basic Daily Care Fee:

Everyone entering an aged care home is required to pay this fee. The basic daily fee is set by the Government and increases on 20 March and 20 September each year, in line with the changes to the Age Pension. The fee is set at 85% of the single pension rate of basic Age Pension. **This is currently set at \$61.96 per day or \$867.40 per fortnight.**

- Means Tested Fee:

Additional fees such as a Means Tested Care Fee may be charged based on an individual's income and assets assessment, which needs to be submitted by the individual direct with Centrelink. Centrelink will work out if you are required to pay this fee and will advise you of the amount. To apply to have your fees and charges subsidised by the Australian Government, you will need to fill out a ***Request for a Combined Assets and Income Assessment form*** and submit it to Centrelink or the Department of Veterans Affairs.

- Accommodation Cost:

Residents can choose to pay for their accommodation cost **by a refundable accommodation deposit (RAD) OR a non-refundable daily accommodation payment (DAP) OR a combination of both.** A refundable accommodation deposit (RAD) is paid as a lump sum amount. A non-refundable daily accommodation payment (DAP) accrues daily and is paid periodically for example fortnightly. A combination payment includes both a partial lump sum and daily payments.

Refundable Accommodation Deposit (RAD):

This is also commonly referred to as the "bond" This amount may vary based on the assessment of your income and assets by Centrelink.

The maximum Refundable Accommodation Deposit (RAD) is currently:

Ascott Gardens	(Orange)	\$400,000.00
Prunus Lodge	(Molong)	\$250,000.00

Non-Refundable Daily Accommodation Payment (DAP) example only based on the current MPIR rate of 8.34% as of 1st April 2024:

Ascott Gardens	(Orange)	\$91.40 per day (DAP)
Prunus Lodge	(Molong)	\$57.12 per day (DAP)

Combination Payment example only based on the current MPIR rate of 8.34% as of 1st April 2024:

Ascott Gardens (Orange)	50% refundable accommodation deposit of \$200,000.00 and Plus 50% non-refundable daily accommodation payment of \$45.92 per day
Prunus Lodge (Molong)	50% refundable accommodation deposit of \$125,000.00 and Plus 50% non-refundable daily accommodation payment of \$28.70 per day

Within 28 days after the date of entry you may choose to pay the Accommodation Payment or Accommodation contribution (if payable) by:

- Non-Refundable Daily Accommodation Payments (DAP); or
- Refundable Accommodation Deposit (RAD); or
- A combination of Refundable Accommodation Deposit (RAD) and Non-refundable Daily Accommodation Payments (DAP)

However, if you do not choose how to pay your accommodation cost within those 28 days, accommodation cost fees will default to the non-refundable Daily Accommodation Payments (DAP).

For an estimate only of fees please visit www.myagedcare.gov.au/fee-estimator/residential-care/form . Please seek independent accounting or financial advice as this information has not been prepared and taking into account an individual's particular circumstances or needs.

For the refund of lump sums paid for accommodation factsheet please visit:
<https://www.health.gov.au/our-work/residential-aged-care/managing-residential-aged-care-services/refunding-lump-sums-in-residential-aged-care>

Residential Respite Care clients are also required to complete the ACAT assessment. However, you **will not have** to pay an accommodation cost or a means tested care fee. A basic daily care fee only applies and is set by the Government and increases on 20 March and 20 September each year, in line with the changes to the Age Pension. The fee is set at 85% of the single pension rate of basic Age Pension. **This is currently set at \$61.96 per day or \$867.40 per fortnight.**

We look forward to assisting you with accessing aged care accommodation at our facilities. Please do not hesitate to contact us on 6362 7820 or email on info@centralwest.upa.org.au should you have any further queries regarding this information. For more information please visit <https://www.upa.org.au/residential-care/>