

## What is United Protestant Association (UPA)?

UPA is a Christian welfare organisation committed to providing services and facilities for people in need, including aged people, disabled people, disadvantaged children, young people and families.

We believe that every human being has the basic right to live at peace with dignity and security and that right does not diminish with age.

CACP packages are provided by community organisations such as UPA and are funded by the Australian Government, Department of Health and Ageing

### The Aged Care Complaints Investigation Scheme

1800 550 552

### Translating and Interpreting service (TIS)

131 450



### UPA Sydney West Community Care, Pendle Hill

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### UPA Sydney West Community Care



*CACP  
Packages*



Community Aged Care Packages

# CACP Packages



## What are Community Aged Care Packages (CACP)?

CACP are individually planned and coordinated packages of support care services to assist older people living in the community to remain at home.

## What does UPA Sydney West Community Care do?

UPA CACP clients will receive flexible services designed to meet their individual assessed care needs.

Services may include:

- Case Management
- Personal Care
- Light housework
- Shopping assistance
- Meal preparation and assistance
- Transport
- Light gardening
- Socialisation

UPA Sydney West Community Care has an understanding of and empathy with the cultural values and lifestyle of clients in our service.

## How much does it cost?

An affordable fee for this service will be negotiated with you/your carer by the CACP Coordinator

## How can I access a Community Aged Care Package?

To access CACP, you must first be assessed by an Aged Care Assessment Team (ACAT).

The ACAT is usually based at a hospital or community centre and may include a doctor, nurse, social worker, physiotherapist or occupational therapist.

You can find the ACAT in your area by contacting the Commonwealth CareLink Centre on 1800 052 222.